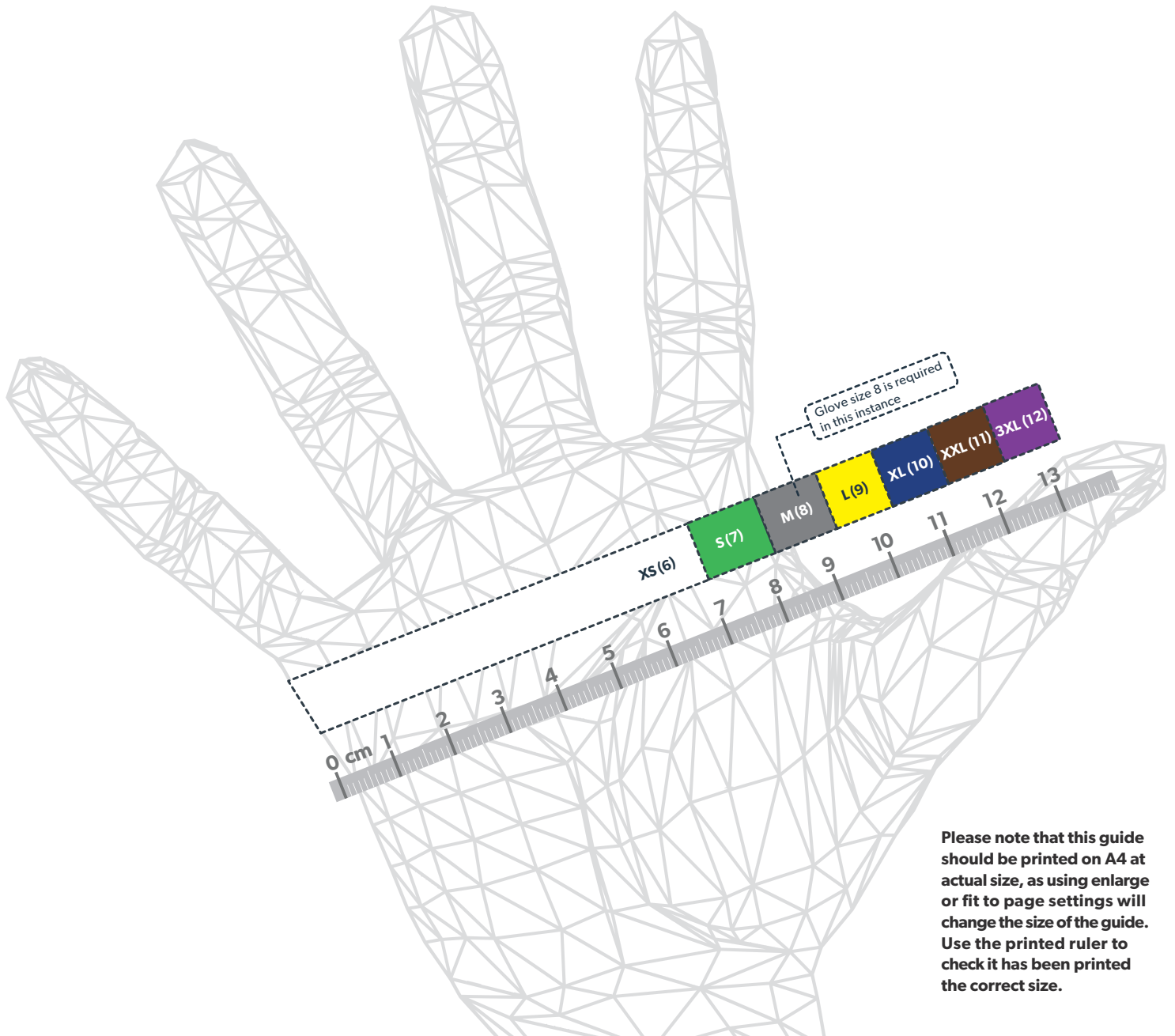


**Wearing the right size glove is important.**

Tight gloves can restrict dexterity, cause discomfort and hand fatigue. Loose gloves that don't have the requisite stretchiness represent a safety hazard to users and also can result in unnecessary fatigue.



Please note that this guide should be printed on A4 at actual size, as using enlarge or fit to page settings will change the size of the guide. Use the printed ruler to check it has been printed the correct size.

To determine your glove size, place your left hand over the image above, with your thumb to the right and fingers closed. Measure your hand across the widest point as depicted.

**We recommend that you try gloves prior to use to ensure the best fit.**

**KEEPING  
YOU SAFE**

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